

**“THEIR”**  
**CONVERSATION**  
**WITH ME ABOUT**  
**PRAISE AND WORSHIP**



*“ In Your light,*

# *we see the Light ”*

## “THEIR” CONVERSATION WITH ME, ABOUT **PRAISE AND WORSHIP**

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### “THEIR” CONVERSATION?

**How much** of the Word of God, under Holy Spirit guidance, is in the **conversation** between **Father God** and you, between **Jesus Christ** and you, and also in the conversation that you have **with yourself**? **Let** the Word as **Truth speak** to you.

**Heart to heart** conversations through the Word of God, establish eternal quality and depth in your **relationship** with God.

The **Word of God** is the foundation for **communication**, **interaction**, **declaration** and **interpretation** in our **relationship** with Father, Son and Holy Spirit.

Get **involved** in the conversation about **PRAISE AND WORSHIP!**

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|   | PAGE |
|---|------|
| INTRODUCTION (Purpose and Perspective)                      | 2    |
| 1. FATHER’S... with <b>ME</b> about <b>PRAISE + WORSHIP</b> | 6    |
| 2. JESUS’... with <b>ME</b> about <b>PRAISE + WORSHIP</b>   | 9    |
| 3. MY... with <b>MYSELF</b> about <b>PRAISE + WORSHIP</b>   | 12   |
| 4. TRUTH’S... with <b>ME</b> about <b>PRAISE + WORSHIP</b>  | 15   |

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May God minister to you in a very special way as you take **time** with His Word and **walk** with the Holy Spirit through this “**study guide**” about “**Praise and Worship**” (as one of many themes available).

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# “ OUR FATHER’S EXCELLENCE ” (OFE)

## BIBLE SCHOOL

“For **His** divine power has bestowed **upon us all things** that [are requisite and suited] to life and godliness, through the [full, personal] **knowledge** of **Him** Who **called** us **by and to His** own glory and **excellence** (virtue)... **employ** every **effort** in **exercising** your faith to develop virtue (**excellence**, resolution, Christian energy), and in [**exercising**] virtue [develop] knowledge (intelligence), and in [**exercising**]... [develop] Christian **love**.” (2 Pet. 1:3,5,6,7b AMPC) Love: the **more excellent way** - (1 Cor. 12:31)

“But you are a chosen race, a royal priesthood, a holy nation, a (special) people for God’s own possession, **so that** you may **proclaim the excellencies** (the wonderful deeds and virtues and perfections) of Him who **called you out** of darkness into His marvelous light.” (1 Pet. 2:9 AMP.)

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## OFE VISION

**DISCIPLE** people into the lifestyle of a true worshipper of God, set free to live an excellent life, practically, all as if unto the Lord.

**BUILD** character, knowledge and skills into the members of the Body of Christ, into the living stones of God’s house, to serve the church effectively.

**TRAIN** people through the Word of God, to accurately obey His Word with excellence and respect.

**ACTIVATE** and release people as Spirit-filled vessels equipped to be witnesses of the Truth under His guidance.

**PLANT** strategic people as church, ministry and community leaders, according to their specific calling, vision and destiny on earth.

**REACH** all generations with the message of the Kingdom, as ambassadors and co-workers of Christ.

**ENJOY** your life with God and His family, as you see how your Father's dream becomes a reality in the nations.

**“ In Your Light, we see the Light ” (Ps.36:9)**

## **8 ACADEMIES in OFE, (Our Father's Excellence) BIBLE SCHOOL:**

- **WORD**
- **PRAYER**
- **WORSHIP**
- **PROPHETIC**
- **SHEPHERDING**
- **TEACHING+TRAINING**
- **CHURCH FOUNDATIONS**
- **MISSIONS+EVANGELISM**

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## **WORD ACADEMY OF OFE : VISION**

**“Study** and be **eager** and do your utmost to **present** yourself to God approved (**tested by trial**), a **workman** who has no cause to be ashamed, **correctly** analyzing and **accurately** dividing [rightly handling and skillfully teaching] the Word of Truth.” (2 Tim. 2:15 AMPC.)

All Scripture is God-breathed and is **useful** for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be **thoroughly equipped** for every **good work**. (2 Tim. 3:16-17)

It is our desire to see people **grow** in their **love** (Ps. 119:97,127), **understanding** (Eph. 1:17) and **application** (Ps. 119:11, John 8:31) of the **Word**.

“You have **commanded** us to keep Your precepts, that we should **observe** them diligently. Oh, that my ways were **directed** and **established** to observe Your statutes (**hearing, receiving, loving and obeying** them)! Then shall I not be put to shame (by failing to inherit Your promises) when I **look (with respect)** to all Your commandments.” (Ps. 119:4-6 AMP.)

Allow the **Holy Spirit** to fulfill the first priority promise from God in the New Covenant.(Heb. 8:10) “... and I will put **My laws** into their mind, and write them in their hearts...”

**“ Your word is a lamp unto my feet and a light unto my path. ” (Ps.119:105)**

**Strategic, practical  
DEVELOPMENT PLAN  
for EXCELLENCE in your personal life,  
unique calling, dreams, ministry and destiny.**

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If you are **already** involved, or if you **want to** be involved in different **ministries**, (worship, children, youth, prayer, dance, technical, marketplace, financial, pioneer, etc.) in your **church, community**, and **nation**, you need to **continually develop** in authority in your field of ministry, work and unique calling, and challenge yourself for **excellence** in your **life** and **ministry** in and through the church!

This authority includes **character, gifts, skill, Word foundation, passion** and **accurate alignment** in **relationships** where God has called you in a specific church for successful impact in a specific community. When you consider your unique calling in the body of Christ, **commit to serve effectively** where God has placed you. “... a planting of the Lord, for the **display** of His **splendor**.” (Isa. 61:3b)

**Grow** in a **lifestyle** where **God’s initiative** is evident and **God’s excellence** is seen through who you are and what you do. Identify through the Holy Spirit, **who** is taking the **initiative** in your work, ministry and personal life. Evaluate your lifestyle and be accountable to leadership in your local church about your **development**.

You need **Godly authority** in your life to stand in Christ with victory, set free to **live the dream** Father God has for you. Godly authority with excellence can only be established **through** the **Word of God** in every ministry and it is very important in order to **fulfil** your **calling** and achieve the **goals** that God has for you.

Our **challenge** in many ministries and church networks is to establish a **strategic, practical development plan** for members, volunteers, leaders

and serving teams to grow effectively in what they do **for** Christ and **with** Christ.

There are many great seminars, short-term courses and conferences having impact in ministries, and there are amazing theological seminaries and Bible-schools, for fulltime training, but the “**gap**”, **lack**, **need** and **prophetic priority** now, is the long-term strategic development plan for the family of God to become the mature, relevant, effective church to:

- **Proclaim** the **excellencies** (the wonderful deeds and virtues and perfections) of God. (1 Pet. 2:9)
- **Declare** how **excellent** His Name is in all the earth. (Ps. 8:1)
- **Approve** (discern, show forth) the things that are **excellent**. (Phil. 1:10b)
- **Show** the more **excellent way** (love). (1 Cor. 12:31)
- **Develop excellent** speech. (Prov. 17:7)
- **Exercise** your faith to develop **excellence**. (2 Pet. 1:6)
- **Allow** the process for God to make you an eternal **excellence**. (Is. 60:15)
- **Meditate** on... what is **excellent**. (Phil. 4:8)
- **Sing** to the Lord for He has done **excellent** things. (Is. 12:5)
- **Believe** that you as saints are the “**excellent ones**”. (Ps. 16:3)

That is why we want to introduce to you strategic, “set out”, specific Authority Fields for your development in who you are **in** Christ and what you do **with** Christ and **for** Christ. **Authority fields** are groupings of 7 **specific** subjects designed to focus on development in a **specific** area of ministry or personal growth.

We want to **help** and **assist** you with this **suggested road map** of development, to grow in doing everything with **excellence** as if unto the Lord.

**Prayerfully** look at the “set out” combination of **strategic training fields** and commit to it personally or even set it as a development path for you, your family, church and ministry partners/ friends. You can find the details at [www.ourfathersexcellence.com](http://www.ourfathersexcellence.com) or contact [OurFathersExcellence@gmail.com](mailto:OurFathersExcellence@gmail.com) or contact 0828873001.

In this specific book/manual you will find 4 of more than 48 units for self-study (with 4 exam papers). These 4 units/themes from God’s Word form part of the **training development program** for **excellence** in your walk with God.

**My prayer** for you and me in Psalm 19:14 (AMPC): “Let the **words** of my mouth and the **meditation** of my heart be acceptable and pleasing in **Your sight**, o Lord, my (firm, immovable) **rock** and my **Redeemer**.”

*Cornelis van Heyningen*

## **1. FATHER’S conversation with me about ...**

### **PRAISE AND WORSHIP**

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Be drawn into the beauty of who I am, where your spirit is accurately connected with the Holy Spirit. Let your lifestyle always honour Me according to the Truth, in spite of the facts of any circumstances. It is time to become a true worshiper, according to John 4:23,24. I say to you that, **Yet a time is coming and has now come when the true worshipers will worship Me in spirit and truth, for they are the kind of worshipers I seek. I am Spirit and My worshipers must worship Me in spirit and in truth.**

Choose by faith to honour the desire of your spirit. **One thing you must ask of Me, and this is what you must seek: that you may dwell in My house all the days of your life, to gaze upon My beauty and to seek Me in My temple.** (from Psalm 27:4)

Your spirit is reborn and the Holy Spirit testifies in your spirit about your identity as My child. Your soul is your mind, emotions, personality and will. Your soul may become entangled in many battles; speak to your soul from your spirit! I ask you in Psalm 42:11: **Why are you downcast in your soul? Why so disturbed within yourself? Put your hope in Me, for you will still praise Me, your Saviour and your God.**

Do not praise Me only when you feel like it. Praise Me because it is good to do so. Psalm. 147:1 says: **“Praise the Lord. How good it is to sing praises to our God, how pleasant and fitting to praise Him.”**

Your primary motivation for living is to worship Me for eternity. That is the difference between you and the baboon. Worship Me, your Father God, from your spirit and relate to Me in love.

Acknowledge and respond to the truth from My Word: **For I created your inmost being; I knit you together in your mother’s womb. You will**

**praise Me because you are fearfully and wonderfully made; My works are wonderful, and you know that full well. (from Ps 139:13)**

Even in heaven, the beauty of worship will be an eternal expression of amazement and awe. Rev. 15:3,4 declares:

**“... Great and marvelous are Your deeds, Lord God Almighty. Just and true are Your ways, King of the ages! Who will not fear You, O Lord, and bring glory to Your Name? For You alone are holy. All nations will come and worship before You, for Your righteous acts have been revealed.”**

In practice, right now, today, you can learn how to be a worshipper. Let Me remind you of certain Word-principles regarding worship:

- Hands:

**“Clap your hands, all you nations; shout to God with cries of joy.” (Ps. 47:1)**

**“I will praise You for as long as I live, and in Your Name I will lift up my hands.” (Ps. 63:4)**

- Voices:

**“Come let us sing for joy to the Lord! Let us shout aloud to the Rock of our salvation. Let us come before Him with thanksgiving and extol him with music and song. For the Lord is the great God, the great King above all gods.” (Ps. 95:1-3)**

- Stillness:

**“Be still and know that I am God...” (Ps. 46:10a)**

**“Be still before the Lord and wait patiently for Him.” (Ps. 37:7a)**

- Body Posture and movement:

**“Come, let us bow down in worship; let us kneel before the Lord our Maker.” (Ps. 95:6)**

**“Let them praise His Name with dancing and make music to Him with tambourine and harp.” (Ps. 149:3)**

- Prayer Expression:

**“Teach me your ways, O Lord, and I will walk in Your truth; give me an undivided heart, that I may fear Your Name.” (Ps. 86:11)**



- Different songs:  
**“Speak to one another with psalms, hymns and spiritual songs. Sing and make music in your heart to the Lord.” (Eph. 5:19)**
- Lifestyle:  
**“And whatever you do, whether in word or deed, do it all in the Name of the Lord Jesus, giving thanks to God the Father through Him.” (Col. 3:17)**

At the end of it all:

**“Let everything that has breath praise the Lord.” (Ps.150:6)**

## **2. JESUS' conversation with me about ...**

### **PRAISE AND WORSHIP**

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Be drawn into the beauty of who I am, where your spirit is accurately connected with the Holy Spirit. Let your lifestyle always honour Me according to the Truth, in spite of the facts of any circumstances. It is time to become a true worshiper according to John 4:23-24, in which I declared that, **“Yet a time is coming and has now come when the true worshipers will worship the Father in spirit and truth, for they are the kind of worshipers the Father seeks. God is Spirit and His worshipers must worship Him in Spirit and in truth.”**

Choose by faith to honour the desire of your spirit: **One thing you must ask of My Father, and this is what you must seek: that you may dwell in My Father's house all the days of your life, to gaze upon His beauty and to seek Him in His temple.** (from Ps. 27:4)

Your spirit is reborn and the Holy Spirit testifies in your spirit about your identity as a child of the Father. Your soul is your mind, emotions, personality and will. Your soul may become entangled in many battles, but speak to your soul from your spirit! **Why are you downcast in your soul? Why so disturbed within yourself? Put your hope in Me, for you will still praise Me, your Saviour and your God.** (from Ps. 42:11)

Do not praise Me only when you feel like it. Praise Me because it is good to do so. Ps. 147:1 says: **“Praise the Lord! How good it is to sing praises to our God, how pleasant and fitting to praise Him.”**

Your primary purpose and motivation for living is to worship God for eternity. That is the difference between you and the baboon. You worship your Father God from your spirit and you relate to Him in love.

Acknowledge and respond to the truth from My Word: **For I created your inmost being; I knit you together in your mother's womb. You will praise Me because you are fearfully and wonderfully made; My works are wonderful, and you know that full well.** (from Ps 139:13)

Even in heaven, the beauty of worship will be an eternal expression of amazement and awe. Rev. 15:3-4 declares: **"Great and marvelous are Your deeds, Lord God Almighty. Just and true are Your ways, King of the ages! Who will not fear You, O Lord, and bring glory to Your Name? For You alone are holy. All nations will come and worship before You, for Your righteous acts have been revealed."**

In practice today, right now, you can learn how to be a worshiper. Let Me remind you of certain practical Word-principles about worship:

- Hands:

**"Clap your hands, all you nations; shout to God with cries of joy."** (Ps. 47:1)

**"I will praise You for as long as I live, and in Your Name I will lift up my hands."** (Ps. 63:4)

- Voices:

**"Come let us sing for joy to the Lord! Let us shout aloud to the Rock of our salvation. Let us come before Him with thanksgiving and extol Him with music and song. For the Lord is the great God, the great King above all gods."** (Ps. 95:1-3)

- Stillness:

**"Be still and know that I am God ..."** (Ps. 46:10a)

**"Be still before the Lord and wait patiently for Him."** (Ps. 37:7a)

- Body Posture and movement:

**"Come, let us bow down in worship; let us kneel before the Lord our Maker."** (Ps. 95:6)

**"Let them praise His Name with dancing and make music to Him with tambourine and harp."** (Ps. 149:3)

- Prayer Expression:

**"Teach me your ways, O Lord, and I will walk in Your truth; give me an undivided heart, that I may fear Your Name."** (Ps. 86:11)

- Different songs:  
**“Speak to one another with psalms, hymns and spiritual songs. Sing and make music in your heart to the Lord.” (Eph. 5:19)**
- Lifestyle:  
**“And whatever you do, whether in word or deed, do it all in the Name of the Lord Jesus, giving thanks to God the Father through Him.” (Col. 3:17)**

At the end of it all:

**“Let everything that has breath praise the Lord.” (Ps. 150:6)**

### **3. MY conversation with myself about ...**

## **PRAISE AND WORSHIP**

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I will be drawn into the beauty of who God is, where my spirit is accurately connected with the Holy Spirit. My lifestyle must honour God, according to the truth, in spite of the facts of any circumstances. It is time to become a true worshiper of God. Jesus tells me in John 4:23,24 that **a time is coming and has now come, when I, as a true worshiper, will worship the Father in spirit and truth, for I am the kind of worshiper the Father seeks. God is Spirit and as a worshiper I must worship Him in spirit and in truth.**

I choose by faith to honour the desire of my spirit: **“One thing I ask of the Lord, this is what I seek: that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to seek Him in His temple.”** (Ps. 27:4)

My spirit is reborn and the Holy Spirit testifies in my spirit about my identity as a child of the Father. My soul is my mind, emotions, personality and will. My soul may be entangled in many battles, but I will speak to my soul from my spirit! Ps. 42:11 says: **“Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise Him, my Saviour and my God.”**

I will not praise God only when I feel like it. I will praise Him because it is good to do so. **I will praise the Lord! How good it is to sing praises to my God; how pleasant and fitting to praise Him!** (from Ps. 147:1)

My primary reason for living is to worship God for eternity. That's the difference between me and the baboon. I can worship my Father God from my spirit, and relate to Him in love!

**I acknowledge and respond to the truth that: “... You created my inmost being; You knit me together in my mother’s womb. I praise You because I am fearfully and wonderfully made; Your works are wonderful, I know that full well.” (Ps. 139:13)**

Even in heaven, the beauty of worship will be an eternal expression of amazement and awe. Rev. 15:3,4 declares **“Great and marvelous are Your deeds, Lord God Almighty. Just and true are Your ways, King of the ages! Who will not fear You, O Lord, and bring glory to Your Name? For You alone are holy. All nations will come and worship before You, for Your righteous acts have been revealed.”**

Practically, today, I can learn how to be a worshiper. It can be done in the following ways:

- **Hands:**

**I will clap my hands, with all nations, and shout to God with cries of joy. (from Ps. 47:1)**

**“I will praise You for as long as I live, and in Your Name I will lift up my hands.” (Ps. 63:4)**

- **Voices:**

**I will come and sing for joy to the Lord! I will shout aloud to the Rock of our salvation. I will come before Him with thanksgiving and extol him with music and song. For the Lord is the great God, the great King above all gods. (from Ps. 95:1-3)**

- **Stillness:**

**I will be still and know that He is God. (from Ps. 46:10a)**

**I will be still before the Lord and wait patiently for Him. (from Ps. 37:7a)**

- **Body Posture and movement:**

**I will come and bow down in worship; I will kneel before the Lord my Maker. (from Ps. 95:6)**

**I will praise His Name with dancing and make music to Him with tambourine and harp. (from Ps. 149:3)**

- **Prayer Expression:**

**“Teach me Your ways, O Lord, and I will walk in Your truth; give me an undivided heart, that I may fear Your Name.” (Ps. 86:11)**

- Different songs:

**I will speak to others with psalms, hymns and spiritual songs. I will sing and make music in my heart to the Lord. (from Eph. 5:19)**

- Lifestyle:

**And whatever I do, whether in word or deed, I will do it all in the Name of the Lord Jesus, giving thanks to God the Father through Him. (from Col. 3:17)**

At the end of it all, I will declare:

**Let everything that has breath, including me, praise the Lord!**  
(from Ps. 150:6)

## **4. TRUTH'S conversation with me about ...**

### **PRAISE AND WORSHIP**

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your spirit and relate to Him in love! Acknowledge what the psalmist says: **“For You created my inmost being; You knit me together in my mother’s womb. I praise You because I am fearfully and wonderfully made; Your works are wonderful, I know that full well.”** (Ps. 139:13)

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- Voices:

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- **Lifestyle:**

**“And whatever you do, whether in word or deed, do it all in the Name of the Lord Jesus, giving thanks to God the Father through Him.” (Col. 3:17)**

At the end of it all:

**“Let everything that has breath praise the Lord.” (Ps. 150:6)**